

# Skills Acquisition Workshop

**Designed to kick start an interest in learning for those that lack the confidence needed to engage fully at school, enter further education or return to learning after a long break...**

## **Areas to be looked at within the course:**

A VERY practical introduction to learning styles, multiple intelligence, learning from experience and barriers that learners face. Candidates will be asked to tackle a range of new skills as a group and reflect on their experiences in light of the theories given. For the right group an opportunity to pass on skills to others and consider how to mentor others will be explored.

Above all every effort will be made to ensure that candidates taste something of success in learning during the session that will give energy and confidence to learn again.

## **Application:**

Participants will be encouraged to use the skills they have developed in other learning environments including: adult and community learning, school, further education or professional development.

Previous participants in the course have hurried home to share their new found skills with family, friends and work colleagues!!!

## **Course facilitator:**

Gary Richardson - Director of Energize

## **Cost:**

Twilight £150, Half Day £250, Full Day £350

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**Course Ref: SC5**

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